

# Pathfinders Mentoring Program | FACT SHEET

Pg 1



## **Pathfinders Mentoring:**

This is the hallmark CPY program upon which the agency was founded. Mentors and at-risk middle school students are matched in November. Shortly afterwards, mentor youth pairs participate together in an energizing bonding retreat. These are followed by monthly Group Gatherings during the school year that foster positive life skill development through supportive group experiences.

## **Goal Statement:**

Pathfinders mentors foster positive changes in their adolescent youth's lives through goal-setting, self-discipline, and skill development in the areas of athletics, outdoor pursuits, the arts, and intellectual pursuits. Youth who complete the Program can benefit from an increased sense of trust, commitment, possibility, and responsibility for their future.

## **Target Youth:**

In the Pathfinders middle school program, we work with 7<sup>th</sup> and 8<sup>th</sup> graders who have been selected by their teachers, parents, and counselors as being "at-risk" of not acquiring the appropriate academic and social skills they will need to succeed in life.

## **Mentors:**

Mentors are men and women over the age of 20. Many are university students, young professionals, or parents whose kids have already grown up and left home. They want to work with youth to explore new interests, set goals, and help develop the self-discipline needed to achieve those goals.

## **Mentor Responsibilities:**

### ***To Start:***

- ◆ Total commitment averages 10-15 hours per month
- ◆ Agree to be in a relationship with your youth for one year
- ◆ Attend the 2-part training series

### ***Once Matched with a Youth:***

- ◆ Check in with your youth regularly
- ◆ Meet with your youth according to your Case Plan (listed below)
- ◆ Communicate with your youth when there are scheduling conflicts or other issues affecting your ability to meet with them
- ◆ Be as flexible as possible when arranging your meeting schedule
- ◆ Attend a full day retreat in January
- ◆ Attend the Community Gathering of Mentors and Youth once a month (Feb.—June) (1.5 hrs.)
- ◆ Attend one mentor support meeting per month
- ◆ Submit a monthly activity summary to the Program Manager
- ◆ Contact the Program Manager at least once a month via phone or e-mail to update them on how your relationship is going

## **Activities:**

CPY provides a wide variety of opportunities and activities for pairs to enjoy for free or at a discount. Mentors are provided information through monthly newsletters, the website and regular contact with the Program Manager. Additionally, CPY can also reimburse up to \$30 a month for activity related expenses, when reported on the monthly summary and accompanied by a receipt.

**Pathfinders Mentoring Case Plan:**

***Pro-Social Development***

- Mentors are responsible to teach their youth about the use of local libraries and help them obtain library cards and access other support services
- Pathfinders is an activity-based program. Mentors and youth should spend some of their time together engaging in pro-social and cultural activities in the local community and surrounding area
- Throughout the year, CPY offers activities for Pathfinders participants. The Mentors & Youth are expected to participate in these activities. Participation in other special CPY events is always encouraged

**For More Information about Pathfinders, please contact:**

Jay Baughman  
Committed Partners for Youth  
1840 Willamette Street, Suite 100  
Eugene, OR 97401  
Phone: 541-344-0833, ext 102  
jbaug@committedpartners.org